

**PETERBOROUGH 5K GRAND PRIX
RACE SERIES 2019
&
3K Junior race for under 11 , 13 and 15**

Free Memento to all entrants competing in 3 out of 5 races.

The series will be run over five events as follows, all on Wednesdays: -

- **5th June 2019 – Ferry Meadows (Water Sports Centre), hosted by NVH**
- **19th June 2019 Lindisfarne Road Eye, hosted by Eye Community runners**
- **3rd July 2019– Ferry Meadows (Watersports Centre), hosted by Thorney RC**
- **17th July 2019 – Rugby Club ,Hambleton Road. hosted by Stamford Striders**
- **31st July 2019 – Werrington Sports Centre hosted by Werrington Joggers.**

Entry Details:

- **5 K £5.00 attached £ 7.00 unattached**
- **3 K £3.00**
- **Entries will be taken on the night, therefore please allow plenty of time (30 minutes) to collect your number and get to the start. Entry forms can be downloaded from the web site.**
- **All races are accurately measured, permitted and run under UK Athletics or ARC rules.**
- **Start Time: - 3K 1900 5K 1930 at all events.**
- **Event Prizes:**
 - **5K - Each event will attract on the night a £10 voucher for the first Man and the first Woman.**
 - **3K –Each event will attract on the night a £5 voucher for the first boy and the first girl.**
- **Scoring to be based on race points regardless of position in category on the night**
- **Series prizes will consist of vouchers and will be awarded at the Mike Barnsdale Memorial 5k or sent in the post. These will be based on runners best three results out of the five events and will be as follows: -**

Series Prizes:

Men - First £35, Second £25, Third £15.

First place in the following categories: U17 and U20, Vets 40, 45, 50, 55, 60,65,70 all £15. Second place in each of these categories will receive £10.00.Third place £5.00.

Women - First £35, Second £25, Third £15.

First place in the following categories: U17 and U20, Vets 35, 40, 45,50,55,60,65 all £15. Second place in these categories will receive £10.00.Third place £5.00.

Juniors - Boys under 11 under 13 and under 15 First place £15. Second place £10.00.Third £5.00.

Girls under 11 under13 and under 15 First Place £15. Second place £10.00.Third £5.00.

Results and info on peterboroughgpseries.com